



# Lundy Island Hash House Harriers

Run No.23.

## 28<sup>th</sup> August 2010

[ August Bank Holiday Week-end ]

Price: £60.00 until 1<sup>st</sup> July, £65 until 1<sup>st</sup> August, then £70

**Price Includes;** Limited edition collectors T-shirt,

**"O' I'M LARDY" Hash (Oscar, Iron Maiden & Lightweight's Annual Run Debauché, WhY?**  
(Friday Evening Pub Crawl Run),

Camping in Bideford on Friday Saturday & Sunday nights,[with new, modern shower & toilet facilities]

Ferry crossings on Saturday,

Hash on Lundy Island,

(Bring Your Own) Picnic (Pub Grub may be available at pub prices),

Sunday night Disco,

Sunday night - hot meal,

Sunday & Monday Breakfast,

Sunday Run with the **North East Rural Devon H3 & Hangover Run** on Monday

For more info contact;

Paul **"Fat Controller"** Mountford, Tel: 0117 9352 372

Mark **"Tablewhine"** Young, Tel: 020 8567 5712 E-mail: tablewhine@hotmail.com

Fill in the form below and send (with your cheque\*) to:

Mark 'Tablewhine' Young, 18 Balfour Road, Ealing, London, W13 9TN.

Name; \_\_\_\_\_ Hash Name; \_\_\_\_\_

Home Hash; \_\_\_\_\_

Address; \_\_\_\_\_

\_\_\_\_\_ Post Code; \_\_\_\_\_

Tel; \_\_\_\_\_

Email; \_\_\_\_\_

I would like to come and I enclose a cheque\* for £ \_\_\_\_\_

T-shirt \_\_\_ Vest \_\_\_ Size: S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_ XXL\_\_\_

I'm a Veggi \_\_\_\_\_ I'll eat anything \_\_\_\_\_

\*Make Cheques Payable to **'Lundy Island Hash House Harriers'**