



Stavanger Hash House Harriers

INVITATION TO Run #1 Weekend 3 – 5 September 2010

Stavanger H3 is coming back to life with the following event:

Friday Sept 3 at 1800 hrs starting with pub crawl which you can join at your own convenience, and on pay as you go/drink basis.

Saturday Sept 4 at 1400 hrs run #1 will start from Rica Forum Hotel parking lot (see below for special deal staying at Rica Forum). It will be an A to B run through Stavanger. We will run past the famous three swords monument, commemorating the Battle at Hafstrøfjord where Norway was united in one Kingdom sometime around the year 872, or 880 depending what you believe. The run will end at the home of our founding members who will graciously host the location for circle (at 1730 hrs), dinner (at 1930 hrs) and ONONON. Please note that the taxi return from the venue to the hotel will be about NOK 50/pers, assuming four people share (this is not included in hash cash).

Sunday Sept 5 at 0930 hrs hangover run. A to A run from the Rica Forum Hotel parking lot. Then check out from the hotel, 1130 hrs transport to the venue for circle and hot dog lunch and more beer.

Accommodation: We have negotiated a special deal with Rica Forum Hotel (a good business standard hotel reasonably centrally located). Prices (including breakfast) are

-NOK 373.- per person per night for 3 or 4 people sharing junior suite

-NOK 645.- per person per night for 2 people sharing junior suite

-NOK 750.- per person per night in single room

Maximum 25 junior suites and 10 single rooms available on a first come first served basis, reservation must be made before August 1st and **quoting booking number 7101078**. Phone +47 51 93 00 00, email booking.stavanger@rica.no, web www.rica.no. Each person/group must book guarantee his/her own reservation with credit card. It is preferred if you can organize yourselves into groups of 2, 3 or 4 and book the desired room as a group. Otherwise, let the hotel know you wish to share e.g. a four person suite, and they will fill up rooms sequentially on best efforts basis.

Here are some other randomly chosen hotel web sites if you want to check other alternatives:

<http://www.choicehotels.no/hotels/hotel?hotel=NO079&promo=gglocal>

<http://www.thonhotels.no/> (Price about NOK 1100 for two people in double at time of writing)

General Stavanger tourist info at <http://www.regionstavanger.com/no/>

For early birds there are a couple of options on Thursday September 2nd:

- Day trip for hike to the Pulpit Rock (Prekestolen). Take ferry from Stavanger 9:30 to Tau, bus to Prekestølshytta, 4 hrs return hike, return by bus and ferry (NOK 200, bring pack with lunch, drink).
- More info at http://www.turistforeningen.no/preikestolenfjellstue/index.php?fo_id=4759
- Rått & Råde rock and pop festival, e.g. Aha, Ozzie Osborne, etc. Book tickets at www.billettstasjon.no and for detailed info see <http://www.rxr.no/>

Transportation hints to Stavanger: Scandinavian Airlines and Norwegian, e.g. KLM from Amsterdam. Train (www.nsb.no) from Oslo as low as NOK 199.- one way if you book early.

REGISTRATION FORM FOR STAVANGER H3 #1 WEEKEND

To register, fill in this form and send it by e-mail to: TOPJAAKA@HOTMAIL.COM

You will receive a confirmation of the registration and details of the bank account for money transfer of the registration fee. Cost for the weekend will be NOK 750 (~Euro 95). Payment must be made before registration is final.

(For more info log onto Facebook and register for the Group: Stavanger Hash House Harriers, we don't have a web-site yet.)

NAME: _____

HASH NAME: _____

HOME HASH: _____

E-MAIL ADDRESS: _____

TELEPHONE No. DAYTIME _____

T-SHIRT SIZE S / M / L / XL / XXL

FOOD VEGETARIAN _____ NON-VEGETARIAN _____

OPTIONAL AT OWN COST, I WILL ARRIVE EARLY FOR THE HIKE TO THE FAMOUS PULPIT ROCK (PREKESTOLEN): YES/NO? _____

COST NOK 750

- This covers t-shirt, beer, wine, food from 1400hrs Saturday until after lunch Sunday, i.e. on Saturday the run, beer stop, circle, party and on Sunday the hangover run, transportation to circle, lunch and beer.
- The registration fee does not cover pub crawl Friday night, accommodation, breakfasts or lunch on Saturday, and not transportation home after the ONONON

And finally, sending in this form, I know that I could hurt myself badly at the Stavanger H3 kick-off run weekend. If I hurt myself, all I want from the Stavanger Hash House Harriers is some extra Aquavit!

And now finally, there will be a logo competition, prize one bottle of Aquavit. This could be the starting point:

